

Cost

\$120.00 (Cost includes retreat and refreshments but does not include meals or accommodation.). The retreat will be held at Orchard Park, and is a commuter retreat. The activities will be a balanced combination of indoor and outdoor activities. Please make cheques payable to the Ecology Project:



**Enjoy a fun, spirit-nourishing
retreat in late autumn**

Time

- **Friday**, 7:30 p.m. – 9:30 p.m.
- **Saturday**, 10:00 a.m. - 12 p.m.;
2:30 p.m. - 5:00 p.m. and
7:30 p.m. - 9:30 p.m.
- **Sunday**, 10 a.m. - 12:30 p.m.

Registration

Marianne Karsh

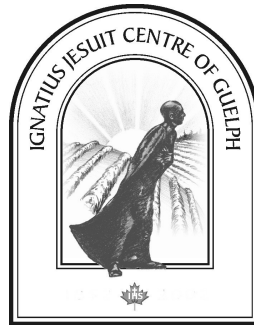
Ecology Project

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www.ignatiusguelph.ca



Ignatius Jesuit Centre of Guelph

....a place of peace

Autumn at Ignatius

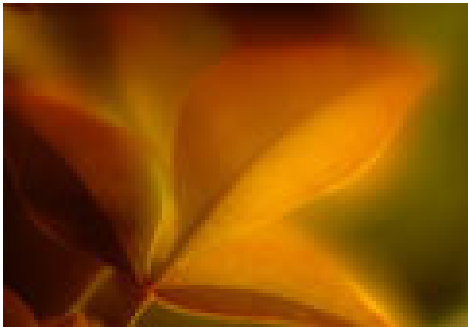


**Fall Nature and
Spirituality Retreat**

**November 10 - 12, 2006
Guelph, Ontario**

Autumn

Red, green, orange, golden: the iridescent colours of autumn have brought joy to countless generations. Yet beyond its sheer beauty, the season has many profound things to tell us about life. The leaves appear at their most spectacular just as they are about to make way for the new leaves of spring. Before snow appears the trees display all of their intricate branching patterns. What does that say to us in our own spiritual journey?



The Retreat

Explore the deepest of spiritual questions with the Ecology Project's Marianne Karsh while taking in the images of late autumn. Enjoy hikes of the breathtaking trails in and around Ignatius Farm. Hear the fascinating story of how the beauty of fall in Canada inspired Marianne's father, Malak, to become a world-famous photographer. Discover new prayer and meditation techniques that you can apply in your own life.

You'll return home relaxed, re-energized and renewed through a deepened relationship with the Earth.

The Setting

The retreat takes place in and around the Ignatius Jesuit Centre of Guelph at Ignatius Farm. Its 600 acres of beautifully maintained grounds feature pristine forests, rivers, well-kept trails and rolling farm fields.

The Facilitator

Marianne Karsh is a professional forester and researcher with a passion for reconnecting people to the Earth. Marianne is the Education Coordinator for the Ecology Project and founder of Arborvitae (www.arborvitae.org). Marianne has been leading nature and spirituality field trips, retreats and classes since 1982. She is co-author of "Trees, Forestry, and the Responsiveness of Creation," published in *This Sacred Earth: Religion, Nature and Spirituality* (Roger Gottlieb, 1995).

What to Bring

Please wear warm, layered clothing and comfortable shoes for walking. You may also want to bring along notebooks and art supplies.